

# PrebioMed™ XOS

*Unique Prebiotic Blend For Digestive Health*

PrebioMed™ XOS is a unique blend of the prebiotics - xylooligosaccharides (XOS) - and Bifidobacteria probiotics. Together these function to help support a healthy balance of beneficial bacteria in the gastrointestinal (GI) tract and support optimal digestive health.

## What are Prebiotics?

Prebiotics are fermented non-digestible carbohydrates that feed beneficial probiotic bacteria. They are unable to be digested in the intestines, making them available for boosting the growth and function of good bacteria. The dual presence of prebiotics and probiotics enhances the establishment of a healthy balance of good bacteria in the intestine. While probiotics introduce greater quantities of health-promoting bacteria, prebiotics ensure the growth of these organisms.

Optimizing the balance of beneficial bacteria in the GI tract can enhance health in several key ways, including:

- Assisting with digestion and nutrient assimilation
- Helping inhibit the overgrowth of harmful bacteria
- Supporting the immune system
- Maintaining bowel health and assisting with proper elimination
- Helping restore and maintain balance flora after antibiotics, which kill the beneficial gut flora

### PrebioMed™ XOS is useful for:

- Digestive health
- Supporting healthy elimination
- Boosting immunity
- Supporting normal inflammatory pathways
- Rebalancing gut flora
- Recolonizing good microbes after antibiotic therapy

## Why Should You Choose PrebioMed™ XOS?

The most commonly used prebiotics include fructooligosaccharides (FOS), arabinogalactan, galactooligosaccharides, and inulin. However, larger quantities of these prebiotic forms are required to be effective. Larger doses of prebiotics often trigger undesirable side effects such as bloating and abdominal pain. Additionally, these types of prebiotics can stimulate the growth of multiple bacterial species which may not improve the balance of health-promoting bacteria.

PrebioMed™ XOS contains a unique prebiotic that is effective in lower quantities and minimizes the risk of unpleasant side effects. This prebiotic has also been scientifically shown to optimize the growth of a special species of health-promoting bacteria, known as Bifidobacteria, without aiding the growth of other less desirable bacterial species. The outcome of this selective action is to promote a healthier balance of intestinal bacteria. The addition of Bifidobacteria probiotics in PrebioMed™ XOS also boosts its ability to support digestive health.

Moreover, the prebiotics and probiotics in PrebioMed™ XOS are scientifically shown to survive the harsh journey to the intestines as they remain stable over the wide pH and temperature fluctuations through the stomach and small intestines.



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**TO CONTACT DESIGNS FOR HEALTH, PLEASE CALL US AT (860) 623-6314, OR VISIT US ON THE WEB AT [WWW.DESIGNSFORHEALTH.COM](http://WWW.DESIGNSFORHEALTH.COM).**