

# PhytoBiome™

Polyphenol Microbiome Modulation\*



GASTROINTESTINAL HEALTH†



PhytoBiome™ is a unique blend of a variety of fruit and vegetable extracts featuring polyphenols that promote healthy diversity in the gut microbiome.\* Polyphenols are bioactive compounds found in plant-based foods that may have health-promoting properties. Polyphenols can exert prebiotic-like effects to help support a balanced microbiome.\* The polyphenols are consumed and processed by our gut bacteria, which provide beneficial compounds to help promote the growth of healthy gut bacteria and maintain a healthy microbial balance.\* The gut microbiome is a complex ecosystem with many beneficial effects on health.

Diet is one of the major influences on the composition of the gut microbiota. An estimated 90% to 95% of polyphenols are not absorbed in the small intestine, making them available for consumption by the bacteria in the gut. Increased consumption of these compounds may promote the growth of more friendly bacteria, promoting a diverse, healthy gut microbiome.\* These active compounds may also support the integrity of the inner lining of the intestinal tract or protective gut barrier.\* They may further support a person's antioxidant status and promote a healthy inflammatory response.\*

## Benefits\*

- Promotes healthy diversity in the gut microbiome
- Promotes healthy microbial balance
- Supports a healthy gut barrier

## Recommended Use

Take 3 capsules per day or as directed by your health-care practitioner.

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Exocyan™ is a trademark of Nexira.

Pomma+® is a registered trademark of Hawkins, Inc.

Vinia® is a registered trademark of BioHarvest, Ltd.

## Highlights

- Pomegranate polyphenol extract, wild blueberry blend, quercetin, and broccoli seed and sprouts to promote the growth of beneficial bacteria\*
- Cranberry extract to support gut microbial diversity and to promote the growth of beneficial bacteria\*
- Vinia® red grape powder to promote healthy microbial balance and support antioxidant status in the body\*
- Vitamin E isomers as DeltaGold® delta- and gamma-tocotrienols to support microbe diversity and promote a healthy inflammatory response\*

To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at [www.designsforhealth.com](http://www.designsforhealth.com).

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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